

## **CRAVEN COUNTY**

### **Older Adult and Caregiver Resource Sheet**

**Coastal Community Action, Inc.:** (252) 223-1630; [www.coastalca.org](http://www.coastalca.org)

- Address: 303 McQueen Ave, Newport NC
- Services: Senior Companion Program retired and senior volunteer programs, Foster Grandparent Program, HUD Section 8 Rental assistance, weatherization assistance, and heating and air repair/replacement.

**Craven County Department of Social Services:** (252) 636-4900; [www.cravencountync.gov](http://www.cravencountync.gov)

- Address: 2818 Neuse Blvd, New Bern, NC 28561
- Services: Medicaid, Adult Protective Services, Special Assistance Programs, Food Stamp Eligibility, In Home Aide Services, Legal Assistance, and Subsidized Housing.

**Eastern Carolina Council Area Agency on Aging:** (252) 638-3185; [www.eccog.org](http://www.eccog.org)

- Address: 233 Middle Street, 3<sup>rd</sup> Floor, New Bern NC
- Services: Caregiver one-on-one options counseling, Long Term Care Ombudsmen program, education, information, and referral programs.

**George Street Senior Center:** (252) 638-1790; [www.ccseniorservices.weebly.com](http://www.ccseniorservices.weebly.com)

- Address: 811 George St, New Bern NC
- Services: Home Delivered Meals, Congregate Meal Site, Support Groups Evidence Based Programs, Caregiver Memory Café Support Group, Sunshine Center (provides temporary relief to caregivers who are caring for loved ones with Alzheimer's disease and related conditions), fitness classes, and groups.

**Havelock Senior Center:** (252) 444-6433; [www.havelocknc.us/departments/parks-recreation/senior-center/](http://www.havelocknc.us/departments/parks-recreation/senior-center/)

- Address: 103 Trader Ave, Havelock, NC 28532
- Services: Caregiver resources and information assistance, Congregate Meal Site, activities, fitness, Evidence Based Programs, informational lending library, and classes.

### **Senior Safe Initiative Programs**

- **CARE Program-New Bern:** Call, Answer, Respond, Empower. The CARE program supports elderly citizens, mainly with specific medical or cognitive conditions, who may not have the ability to respond in a crisis. FOR NEW BERN RESIDENTS ONLY: (252) 672-4135
- **Havelock Senior Safety Initiative:** Registered clients will receive two weekly check-in calls from the Havelock Police Department dispatch and if there is no response a wellness check will be initiated. For further information call 252-447-3212, ext. 3131 or visit <https://www.havelocknc.us/354/Havelocks-Senior-Safety-Initiative>.

**Carolina Senior Care – New Bern:** (252) 597-9008; <https://carolinaseniorcare.org>

- Address: 3681 Neuse Blvd., New Bern, NC
- Services: Primary medical care, physical, occupational and speech rehabilitation therapy, Prescription drugs and durable medical equipment, Preventative services and education, Laboratory services and diagnostic testing, Nursing home care as needed, Recreational activities, Nutritional counseling and meals, Transportation, Caregiver respite, home health care and personal care, Day Center, and In Home Services.

**Catholic Charities of the Diocese of Raleigh – New Bern:** (252) 638-2188; <https://www.catholiccharitiesraleigh.org>

- Address: 502 Middle St., New Bern, NC
- Services: Senior Pharmacy program, case management, emergency assistance, disaster case management, housing home improvements, and food pantry.

## **PROJECT LIFESAVER**

**New Bern- Eastern Carolina Council Area Agency on Aging:** (252) 638-3185; [www.eccog.org](http://www.eccog.org)

- Project Lifesaver is the search and rescue program managed by Eastern Carolina Council Area Agency on Aging, the New Bern Police Department, and New Bern Fire Department. Project Lifesaver is strategically designed for “at risk” individuals who are prone to the life-threatening behavior of wandering. Services are available to New Bern residents only (excluding River Bend and Trent Woods.) For further information please contact January Brown at 252-638-3185, ext. 3011 or [jbrown@eccog.org](mailto:jbrown@eccog.org).

## **CAREGIVER SUPPORT GROUPS**

- **1<sup>st</sup> Monday of the month at 4:00 pm, Memory Care Café;** George Street Senior Center, 811 George St, New Bern
- **1<sup>st</sup> Wednesday of the month at 1:00 pm, Caregiver Dementia Support Group meeting,** Home Place of New Bern, 1309 McCarthy Blvd, New Bern.
- **1<sup>st</sup> Saturday of the month at 10 am-11:30 am, Brain Injury Support Group;** Homeplace of New Bern, 1309 McCarthy Blvd, New Bern
- **2<sup>nd</sup> Tuesday of the month at 11:00, Caregiver Dementia Support Group meeting,** 755 McCarthy Blvd, New Bern
- **2<sup>nd</sup> Wednesday of the month at 9:30 am, Grief Support Group-** George Street Senior Center, 811 George St, New Bern
- **3<sup>rd</sup> Thursday of the month at 10:00 am, P.E.R.C (support group for individuals diagnosed with early stages of Dementia);** 811 George St, New Bern
- **2<sup>nd</sup> Wednesday of the month at 9:30 am, Grief Support Group-** George Street Senior Center, 811 George St, New Bern
- **2<sup>nd</sup> & 4<sup>th</sup> Wednesday of the month at 10:30, Caregiver Support Group for End-of-Life Loved Ones-** River Bend Municipal Building, 51 Shoreline Dr New Bern, for further information contact 252-636-4930.
- **2<sup>nd</sup> Thursday of the month at 5:00 pm, Caregiver Support Group –** Havelock Senior Center, 103 Trader Ave, Havelock
- **2<sup>nd</sup> Thursday of the month at 12:00 pm, Amputee Support Group-** contact Mary Anderson at 252-633-8020 for further information.
- **4<sup>th</sup> Wednesday of the month at 1:00 pm, Parkinson’s Support Group;** Homeplace of New Bern, 1309 McCarthy Blvd, New Bern

## **RESPIRE DAY PROGRAMS**

- **The Sunshine Center:** (252) 638-1790; <https://ccseniorservices.weebly.com/sunshine-center.html>
- **Come Again:** (919) 428-0618; <https://www.centenarychurch.com/respite>

## **RESOURCES**

- **AARP of North Carolina:** 1-866-389-5650; [www.aarp.org](http://www.aarp.org)
- **Craven County Health Department:** (252) 636-4920
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738; [www.dementianc.org](http://www.dementianc.org)
- **Habitat for Humanity (Aging in Place with Habitat for Humanity):** 252-633-9599; <https://www.habitat.org/our-work/aging-in-place>
- **International Hearing Society (Hearing Aid Helpline):** 1-800-521-5247
- **Legal Aide of NC:** 1-877-579-7592
- **Medicare:** 1-800-633-4227; [www.medicare.gov](http://www.medicare.gov)
- **NC Assistive Technology:** (919) 859-8360, [www.ncdhhs.gov](http://www.ncdhhs.gov)
- **NC Baptist Aging Ministry (NCBAM, ramp assistance):** 1-877-506-2226, [www.ncbam.org](http://www.ncbam.org)

- **NC Division of Health & Human Services:** 1-800-662-7030; [www.ncdhhs.gov](http://www.ncdhhs.gov)
- **NC Independent Living Program:** 1-877-699-7578
- **NC Lions Foundation (visually and hearing-impaired assistance):** 1-800-521-5247
- **Nursing Home Complaint Hotline:** 1-800-624-3004
- **Project C.A.R.E-Caregivers Alternatives to Running on Empty:** Amanda Biggs, (252) 414-3230
- **Senior Health Insurance Information Program (SHIIP):** 1-855-408-1212; [www.ncdoi.com/SHIIP](http://www.ncdoi.com/SHIIP)
- **Social Security Administration:** 1-800-772-1213
- **U.S. Department of Veterans Affairs:** 1-844-698-2311; [www.va.gov](http://www.va.gov), **New Bern Office:** 252-636-6611

#### **TOLL-FREE INDIVIDUAL ASSISTANCE/CRISIS HOTLINES**

- **Alzheimer's Association: Caregiver help line:** 1-800-272-3900, [www.alz.org](http://www.alz.org)
- **Alzheimer's Foundation of America Caregiver Assistance Line:** 1-866-232-8484; [www.afadn.org](http://www.afadn.org)
- **Caregiver Connection Assistance Line:** 1-866-211-3380
- **Dementia Alliance of North Carolina: Caregiver assistance line:** 1-800-228-8738
- **RHA Health Services, Inc. Mobile Crisis Line:** 1-844-709-4097
- **Suicide Hotline, National Hotline:** 1-800-273-8255, 988
- **Trillium Mobile Crisis Line:** 1-877-685-2415, [www.trilliumhealthresources.org](http://www.trilliumhealthresources.org)
- **United Way NC211 Helpline:** 211; [www.nc211.org](http://www.nc211.org)
- **Veterans Crisis Line:** 1-800-273-8255; [www.va.gov](http://www.va.gov)

#### **HOUSING INFORMATION**

- **North Carolina Housing Search:** 1-877-428-8844, <https://nchousingsearch.com/>

#### **FOOD ASSISTANCE**

- **Home Delivered & Congregate Meal Program:** George Street Senior Center (New Bern)- (252) 638-1790
- **Congregate Meals (Havelock):** Havelock Senior Center, (252) 444-6433
- **Food Bank of Eastern Carolina:** 252-514-2006
- **Religious Community Services of New Bern, food pantry:** 919 George Street, New Bern, (252) 633-2767, ext. 100
- **Salvation Army of Craven and Pamlico County:** 1402 Rhem Ave, New Bern, (252) 637-2277
- **SNAP Assistance:** Craven County Department of Social Services, (252) 636-4900
- **Word of God Christian Center:** 3650 Neuse Blvd, New Bern

#### **Relocation Assistance**

- **Smooth Transitions (Move Management Household Downsizing Estate Dispersal)-** (252) 497-7792
- **United Realty (Senior Certified Real Estate Assistance)-** (252) 497-8157

#### **Transportation**

- **CARTS Transportation:** (252) 636-4917; [www.cravencountync.gov](http://www.cravencountync.gov)
- **Friendly Medical Transport LLC (wheelchair & stretcher):** (252) 634-3403
- **Coastal Medical Transport:** (844) 294-0999

#### **NC LICENSED HOME CARE AGENCIES:** <https://info.ncdhhs.gov/dhsr/data/hclist.pdf>

- **Accommodating Home Care Service, Inc:** (252) 635-9005
- **Always Best Care Senior Services:** (336) 423-2161
- **Assisting At Home, LLC:** (252) 633-6440
- **Bountiful Life, LLC:** (919) 264-7517
- **Cardinal Hospice:** (910) 989-2682
- **Carolina Home Medical:** (252) 636-1711
- **Continuum Home Care of New Bern:** (910) 989-2682

- **Craven County Hospice:** (252) 636-4930
- **Gentiva:** (252) 672-8301
- **East Carolina Home Care:** (252) 814-6289
- **Family First Personal Care:** (240) 427-7352
- **Gentiva:** (252) 672-8301
- **Home Instead:** (919) 676-2273
- **Home Life Care, Inc.:** (252) 672-8700
- **Independent Living Home Care Agency, LLC:** (252) 229-1129
- **Lincare Inc.:** (252) 634-3355
- **Living with Guidance:** (252) 626-5322
- **Magnolia Bridge Home and Health:** (252) 665-8819
- **Our House:** (252) 634-2211
- **Pruitt Health @ Home:** (252) 514-6016
- **Pruitt Health Hospice – New Bern:** (252) 633-4311
- **Priority 1<sup>st</sup> Healthcare Staffing:** (252) 229-2986
- **Reflections Home Care, Inc.:** (252) 637-4600
- **Seniors Choosing to Live at Home Management Service LLC:** (252) 633-2514
- **United Home Care:** (252) 332-3042
- **Wilson's Home Care Agency, Inc.:** (252) 244-3595

**NC LICENSED ADULT CARE HOMES (ASSISTED LIVING UNITS)** <https://info.ncdhhs.gov/dhsr/data/ahlist.pdf?ver=1.9>

- **The Inigo at New Bern:** 4522 Old Cherry Point Rd, New Bern; (252) 634-9066
- **Homeplace of New Bern:** 1309 McCarthy Blvd., New Bern; (252) 637-7133
- **Riverstone:** 104 Efirid Blvd, New Bern; (252) 633-3455
- **Truewood by Merrill, New Bern:** 2701 Amhurst Blvd.; (252) 297-1758
- **The Gardens of Trent:** 2915 Brunswick Ave; (252) 638-4680
- **Navion of New Bern:** 1336 S Glenburnie Rd, New Bern; (919) 371-4233
- **The Viridian:** 3003 Waterscape Way, New Bern; (252) 631-9685
- **Golden Heights Assisted Living:** 603 West St, New Bern; (252) 571-3065

**NC LICENSED LONG-TERM CARE, SKILLED NURSING FACILITIES:** [https://info.ncdhhs.gov/dhsr/data/Nhlist\\_co.pdf?ver=1.5](https://info.ncdhhs.gov/dhsr/data/Nhlist_co.pdf?ver=1.5)

- **Bayview Nursing & Rehabilitation Center:** 3003 Kensington Park Dr., New Bern; (252) 631-5501
- **Cherry Point Bay Nursing & Rehabilitation Center:** 110 McCotter Blvd., Havelock; (252) 444-4631
- **Pruitt Health-Neuse:** 1303 Health Dr., New Bern; (252) 634-2560
- **Pruitt Health-Trent:** 836 Hospital Dr., New Bern; (252) 638-6001
- **Riverpoint Crest Nursing & Rehabilitation Center:** 2600 Old Cherry Point Rd., New Bern; (252) 637-4730

**Long-Term Care Ombudsman Program- 252-638-3185**

**DHSR/DHHS licensing information, licensed facility information, and survey results available at:**  
[www.ncdhhs.gov](http://www.ncdhhs.gov)

**Nursing Home Care Comparison**

<https://www.medicare.gov/care-compare/?providerType=NursingHome&redirect=true>

Visit us at: [www.eccog.org](http://www.eccog.org)



*Eastern Carolina Council*